



# Piece Of Cake Country & Western Dance

## Freight Train 5901

<b>Choreographer:</b>	<b>Benny Ray (Denmark)</b>
<b>Suggested Music:</b>	<b>“Freight Train” by Alan Jackson (available from iTunes)</b>
<b>Type:</b>	<b>32 counts, 4 wall line dance (polka rhythm)</b>
<b>Level:</b>	<b>Intermediate</b>
<b>Notes:</b>	<b>4 restarts. See details below.</b>

1-8	<b>ROCK, RECOVER, BEHIND, SIDE, CROSS, ROCK, RECOVER, BEHIND, SIDE, CROSS</b>
1-2	Rock forward on right to right diagonal, recover on left
3&4	Step right behind left, step left to side, cross right in front
5-6	Rock forward on left to left diagonal, recover on right
7&8	Step left behind right, step right to side, cross left in front

9-16	<b>SHUFFLE FORWARD R-L-R, L-R-L, STEP ½ TURN L, FULL TURN L</b>
1&2	Step forward on right to right diagonal, step left next to right, step forward on right
3&4	Step forward on left to left diagonal, step right next to left, step forward on left
5-6	Step forward on right, make ½ turn left
7-8	Make ½ turn left stepping back on right, make ½ turn stepping forward on left

17-24	<b>ROCK, RECOVER, SAILOR ¼ TURN R, ROCK, RECOVER, SAILOR ½ TURN L</b>
1-2	Rock forward on right, recover on left
3&4	Make ¼ turn right as you step right behind left, step left next to right, step forward on right
Note:	<i>* Replace count 20 with a touch and restart here on wall 3, 7, 10 and 14</i>
5-6	Rock forward on left, recover on right
7&8	Make ½ turn left as you step left behind right, step right next to left, step forward on left

25-32	<b>HEEL, HOOK, HEEL, FLICK, SHUFFLE FORWARD, FULL TURN R, TRIPLE FULL TURN R</b>
1&2&	Point right heel forward, hook right in front of left, point right heel forward, flick right to the side
3&4	Step forward on right, step left next to right, step forward on right
5-6	Make ½ turn right as you step back on left, make ½ turn stepping forward on right
7&8	Make ½ turn right as you step back on left, make ½ turn stepping forward on right, step forward on left

### REPEAT

#### NOTES:

Just before the restarts, counts 19 & 20 will then become:

19 & 20 Make ¼ turn right as you step right behind left, step left next to right, touch right next to left.

The first two restarts are relatively easy to hear, as they occur when Alan Jackson restarts the song.

The third restart is right after the train whistle.

The fourth restart is after the break in the music during section 1.